

# **Manual Ventilation**

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Purpose of This Training

This training is developed to demonstrate equipment or procedures that are to be used by qualified health care providers who are operating within the scope of their practice. Individual institutional policies and procedures must be followed at all times. It may also be used to train respiratory therapy extenders who would function as respiratory assistants working under the license of a respiratory therapist in the event of a disaster. The role of extenders would be decided by the institution or by the state. Viewing this demonstration does not imply competence. Competence in any of these procedures must be assessed by the institution where you practice.

## **Why Manual Ventilation**

- Readily available
- Should be in every room that has a ventilator patient
- Can deliver up to 100% oxygen
- Can assist a spontaneously breathing patient
- Simple to use – in intubated patients
- Can be used by one person

## **Manual resuscitators**

- Self-inflating
- Flow-inflating bag
- Manual resuscitators
- Demand valves

## **Self-inflating Bag-valve-mask (BVM) resuscitators**

- Non-rebreathing valves
- Inlet leaf valves
- Reservoir

## **Testing Bag Function**

- Occlude outlet with thumb
- Ventilate test lung

## **BVM function**

(American Society for Testing and Materials, International Standards Organization)

- Should deliver at least:
  - 600 ml for adults
  - 300 ml children
  - 20 ml infants
- Pressure limits:
  - None for adults
  - 40 ( $\pm$  10) cwp children
  - 40 ( $\pm$  5) cwp for infants
- Pressure manometer essential for infants

### **F<sub>I</sub>O<sub>2</sub> delivered**

At least 85% at 15 lpm and reservoir  
30-40% with oxygen and no reservoir  
Oxygen flow  
Rate  
Bag refill time  
Room air without oxygen

### **Bag-Valve-Mask Ventilation**

The E – C technique  
Two handed technique

### **Oropharyngeal Airway**

Holds tongue away for airway  
Not used with conscious patient of active gag reflex

### **Oropharyngeal Airway**

Corner of mouth to angle of jaw  
Oropharyngeal Airway  
Insert upside down and rotate

### **Nasopharyngeal Airway**

Used with conscious patient or active gag reflex  
Nasopharyngeal Airway  
Nare to attachment of ear  
Lubricate  
Insert (twist) posteriorly

### **Ventilating Via Artificial Airway**

Assurance of ventilation (leaks)  
Tendency to over ventilate  
Spontaneous or assisted breathing possible  
Manual ventilation  
Easy to over ventilate  
Breathe 12-16 times per minute  
Find a mechanism to remind you of rate  
Synchronize with patient efforts  
Assess chest rise and fall  
One handed =  $\pm 500$  ml  
Two hand =  $\pm 1000$  ml

Monitor  
SpO2  
Color  
HR

**Hazards**

High airway pressures  
Particulate mater in exhalation port  
Leaks when used with mask  
False sense of ventilation  
Improperly functioning valves  
Test prior to use

**Conclusion**

Manual ventilation can be used during patient transport, during certain procedures, when there are no regular ventilators available or when regular ventilators are not functioning properly.

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